



Dear Parents,

Your child is invited to participate in the “Kids for Running” program offered by the Bellin Run and coordinated by parents and teachers at our school. Kids for Running is an after-school program that prepares children to run the 5K Bellin Run (either in-person or virtual) on June 8, 2024. NOTE: the 5K is an addition to this longstanding event and will be held at the same time/place as the 10K. Any child that would like to participate in the 10K is able to do so, but our training will be focused on completion of the 5K event.

I will be serving as our team captain and will be coordinating our training runs. Training will begin on Monday, April 8th. Training runs will be held after school on Mondays and Thursdays. Each session will begin with a light warm-up. We will begin with short distances and gradually increase our mileage, leading up to the Bellin Run.

Parents and family members are welcome to train with us and serve as chaperones. In addition, we are in need of volunteers to assist along the training route, along with other support roles.

Through the Kids for Running program, participants receive a discounted registration fee of \$20 for the Bellin Run. That includes your child’s race bib, timing chip and official Bellin Run T-shirt.

The after-school training program is free — and by participating in the Kids for Running program, your child will also receive a Kids for Running T-shirt.

All participants must: 1) complete and return the enclosed permission slip; and 2) register for the event. Online registration instructions are enclosed. (Please indicate on the permission slip if you do not have Internet access or a credit/debit card, so I can register you.)

All Bellin Run participants from our school who register by May 1st will have their race packets delivered to the school.

If you have any questions, please email me or call me at kellyhayes.slp@gmail.com 920-373-0124

Thank you for supporting this health community activity!

Coach – Kelly Hayes

Enclosed: Online Registration Directions
Permission Form
Facebook Hillcrest Running Club QR code
Logo Contest
T-shirt order form

Online Registration

1. Go to www.bellinrun.com.
2. Click **Register Now Open, Register**
3. Click **Kids for Running**
4. Add your Personal Information
5. Race Distance: Unless you have otherwise discussed with your coach, please choose either 5K (In-Person) or 5K Virtual. If you child wishes to do the 10K, please discuss with your coach since our school training program will focus on the 5K
6. Teams – Scroll down to find our school and then enter 4-digit code: 1220

The screenshot shows a registration form for 'Registrant No. 1'. It has three main sections: 'Sub-event', 'Race Distance', and 'Teams'. The 'Sub-event' section has a dropdown menu with options: 'General Registration', 'Children's Run', and 'Kids for Running'. The 'Kids for Running' option is selected, showing a price of '\$20.00' and a note to 'Check with your school for your team code.' The 'Race Distance' section has a dropdown menu with options: '5K (In-Person)', '10K (In-Person)', '5K Virtual', and '10K Virtual'. The 'Teams' section is partially visible at the bottom.

Registrant No. 1

Sub-event

Select a sub-event *

General Registration

Children's Run

Kids for Running

● Kids for Running \$20.00 Check with your school for your team code.

Race Distance

What distance will you participate in? *

Select...

Select...

5K (In-Person)

10K (In-Person)

5K Virtual

10K Virtual

7. You will provide sizes for both the race shirt and the Kids for Running shirt (unisex sizing only)
8. If you have another registrant, click on the yellow box, or hit “Continue”
9. Waiver section – you will be asked to consent to a “Waiver and Release of Liability Agreement,” “Right to Treat & Photo Authorization,” and “Acknowledgment Statement” for all registrants.
10. Enter Payment Information

Kids For Running Permission Form

This form must be completed by all participants in the Kids for Running after-school training program.

Name of Child (Please Print)

Parent or Guardian Name (Please Print)

In case of emergency, I can be reached at _____

Primary Doctor: _____ Hospital of Choice: _____

Medical conditions we should be aware of: _____

Will you be able to assist with training? _____

Contact me for assistance in getting my child registered as I do not have a debit/credit card or access to the Internet. Contact phone number: _____

BELLIN RUN – KIDS FOR RUNNING **RELEASE FROM LIABILITY AND INDEMNIFICATION AGREEMENT**

This Release from Liability and Indemnification Agreement must be read and agreed to in order to participate in the Bellin Run Kids for Running Program. This Release from Liability and Indemnification Agreement pertains to all children participating and parent(s) or legal guardian(s) that may participate with their children in the Bellin Run Kids for Running Program or the Bellin Run. Registrations for minors must be made by a parent or legal guardian herein referred to as "Guardian." The term "Participants" shall refer to all children listed and included as registrants.

By participating in the Bellin Run Kids for Running Program and the Bellin Run I agree to the following on behalf of myself and Participant:

I HEREBY RELEASE, WAIVE, AND DISCHARGE (1) Bellin Memorial Hospital, Inc., its officers, directors, employees, contractors and agents; (2) the City of Green Bay; (3) the Village of Allouez; (4) all municipalities including any and all of their agents, employees, assigns, volunteers or anyone acting for or on their behalf (5) the Green Bay Area Public School District; (6) all school districts, including any and all of their agents, employees, assigns, volunteers or anyone acting for or on their behalf; and (7) any and all agents, volunteers, operators, owners, contractors and lessees of the premises used to conduct the Bellin Run Kids for Running Program or the Bellin Run (hereinafter collectively referred to as "Releasees"), from any and all claims, liability, loses, costs, including attorney fees, causes of action or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of training for or participating in the Bellin Run Kids for Running Program or the Bellin Run or related events.

I HEREBY AGREE TO INDEMNIFY AND HOLD HARMLESS the Releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the Participant in any way participating in the Bellin Run Kids for Running Program or the Bellin Run, and I acknowledge that running or similar physical activities can be potentially hazardous and I assume full responsibility for and risk of bodily injury, death, or property damage arising out of or in the course of training for or participating in the Bellin Run Kids for Running Program or the Bellin Run.

I HAVE READ AND VOLUNTARILY ACCEPT THE RELEASE FROM LIABILITY AND INDEMNIFICATION AGREEMENT, AND HEREBY WAIVE THE RIGHT I HAVE TO BARGAIN FOR DIFFERENT WAIVER OF LIABILITY TERMS.

Date

Parent or Guardian Signature



Hillcrest Running Club Facebook Page

Come find us on Facebook for announcements, reminders, and photos of our fun!





Logo Contest 2024

Name_____

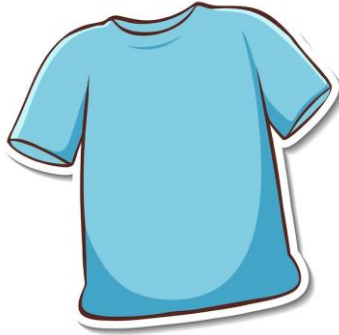
School_____

Age_____

1. Please have the child fill out above information and their logo creation drawn on the backside of this sheet.
2. Logo contest submissions should be in black and white only.
3. The contest is open to all children participating in the Kids for Running Program.
4. All logos must be hand drawn.
5. All contestants must have their logo creation to Tia DeLeers by April 1, 2024. Coaches may email the logos to tia.deleers@bellin.org or drop off at Bellin Ear, Nose, and Throat Clinic – 923 Eliza Street Green Bay.
6. The logo name will be Bellin Run 24th Annual Kids for Running 2024 - this will automatically be placed on the logo of choice.
7. The logo contest winner will get special recognition and an award certificate at the Awards Ceremony of the Bellin Run, will be listed on our internet site, and will have their name on the logo.

****All entries become the property of Bellin Health and must be received by April 1, 2024 to be eligible for the contest. All entrants waive the right to compensation for use of the logo and give permission to Bellin Health to use the logo in advertisements and promotional materials. All decisions are final.**

TSHIRT ORDER FORM



We're hoping to order "Hillcrest Running Club" t-shirts again if we have enough interest. Please fill out and return if you would like to purchase. Cost will be kept around \$20 or less and a tech shirt material will be preferred.

NAME	
EMAIL	
PHONE	

Size	YS	YM	YL	XS	S	M	L	XL
#								