

Hope Squad is a peer-to-peer suicide prevention program in 43 states and 1600 schools nationwide. Our PHS Hope Squad members are nominated yearly by their classmates as trustworthy peers and trained by advisors. The program reduces youth suicide through education, training, and peer intervention.

## 2022-2023 Hope Squad Members



In May the Hope Squad Members plan a school-wide "Hope Week", to increase awareness of the importance of mental health and wellness and to celebrate recovery from mental illness. Mental Health Awareness Month (MHAM) is recognized every May to increase awareness about mental health's vital role in our overall health and well-being.