



Red Raiders -

Hygiene/Household

-shampoo/conditioner
-soap/body wash
-deodorant
-toothbrush/toothpaste
-feminine hygiene products
-laundry detergent
-toilet paper



Non-Perishable Items

-Peanut Butter
-Cereal
-Canned Fruits/Vegetables
-Mashed Potatoes
-Box Noodles/Meals:

*Ramen

*Mac & Cheese

*Hamburger Helper

*Box (dry) Noodles

-Pasta Sauce

-Chili (canned)

-Tuna/Chicken (canned)

-Applesauce

-Oatmeal

-Soup

-Canned Pasta Meals

-Manwich

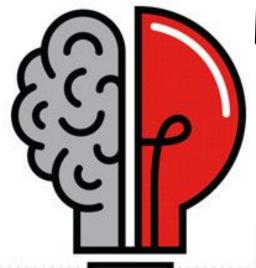
-Rice

Drop your donation in the main office by Feb. 29





ACT prep course



Meetsfor 4 Nights

Starting Feb 26th

Taught by:

Mr. Gosse

Mrs. Heck

Mr. M Krause

Train your brain to be a better test-taker

Sign Up Today!

Forms Found in Student Services



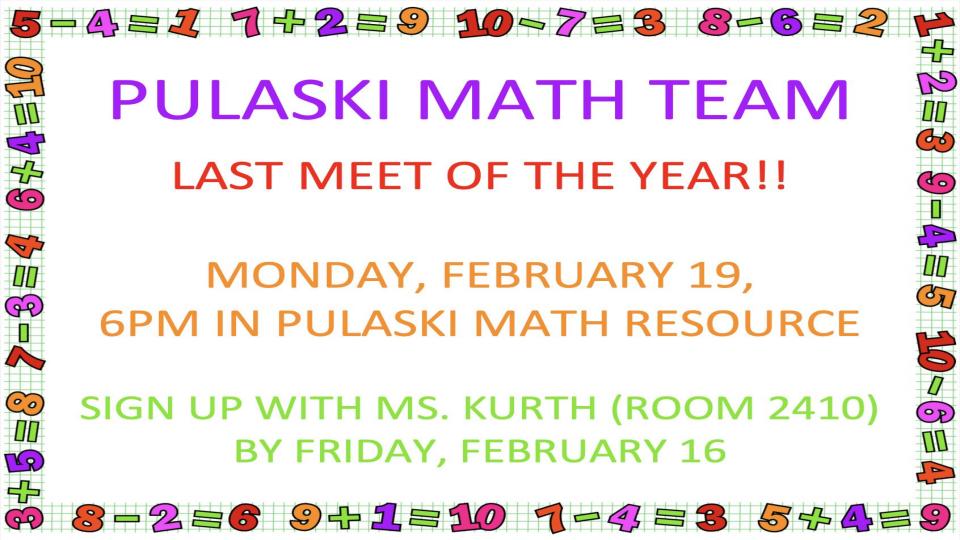


Breakfast Menu for the Week of Feb 12

2 Mon	13 Tue	14 Wed	15 Thu	16 Fri
Whole Grain Donut	Breakfast Bacon Pizza	Breakfast Sandwich	Maple Turkey Pancake Wrap	Cinnamon Roll
Mozzarella String Cheese	Breakfast Sausage Pizza	Bananas	Orange Halves	Apple Slices
Apple Slices	Fresh Orange	Orange Juice	Orange Juice	Orange Juice
Orange Juice	Orange Juice	Milk Variety	Milk Variety	Milk Variety
Milk Variety	Milk Variety			

Lunch Menu for the Week of Feb 12

12 Mon	13 Tue	14 Wed	15 Thu	16 Fri
Raider Grill	Raider Grill	Entree Choices:	Raider Grill	Raider Grill
Glazed Chicken Wings	Chicken Patty on a Bun	Turkey & Gravy	Mini Corn Dogs	Pizza Choice Entree Choices:
with	Pizza Dippers & Marinara	Mashed Potatoes	Hamburger	Homemade Grilled Cheese San
Pretzel Sticks	Entree Choices:			Entree Choice B:
Specialty Burger	Taco Bake W/ Fritos	Dinner Roll	Cheeseburger	Tuna Salad Melt
Intree Choices:	Entree Choice B:	Fish Sandwich	Entree Choices:	Build a Deli Sandwich Options:
Mandarin Orange Chicken Bowl		Side Items:	Chicken Parmesan Sandwich	
Pepperoni Stuffed Crust Pizza	Smokie BBQ Pork Hoagie	Tossed Salad	Entree Choice B:	Soup and Salad Bar
r epperoni stanca orașt r izza	Build a Deli Sandwich Options:	V Tossed Salad	Sausage Pizza	Side Items:
Build a Deli Sandwich Options:	T.	Cherry Tomato		French Fries
Soup and Salad Bar	Side Items:	Apple Sauce	Build a Deli Sandwich Options: Soup and Salad Bar	Cucumber Freeh
ide Items:	D. C. L.			
Broccoli	Refried Beans	Blue Raspberry Slushie	Side Items:	Cherry Tomato
	Shredded Iceberg Lettuce		Steamed Green Beans	Town con-
Green Peppers	Carrot Sticks		Broccoli	Kiwi
Apple Slices Fresh				
	Cucumber, Fresh		Mushrooms, Fresh Sliced	
	Pears, Sliced		Bananas	

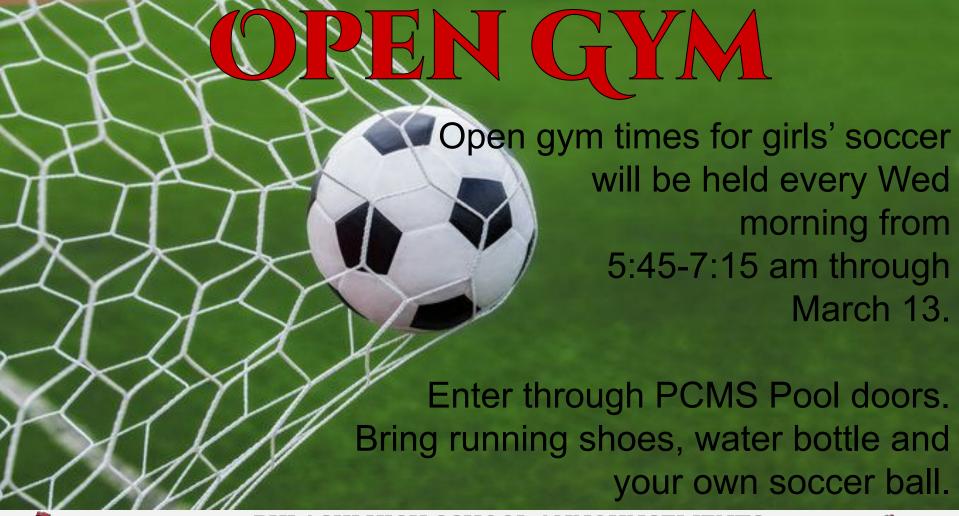




Any boys interested in boys' golf, please reach out to Coach Gutzman (algutzman@pulaskischools.org) to receive important information about the upcoming golf season.











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Presents:

PHS



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