

**Monday,**

**February**

**12, 2024**





# *Food Pantry Needs*



# Red Raiders -

## Hygiene/Household

- shampoo/conditioner
- soap/body wash
- deodorant
- toothbrush/toothpaste
- feminine hygiene products
- laundry detergent
- toilet paper



## Non-Perishable Items

- Peanut Butter
- Cereal
- Canned Fruits/Vegetables
- Mashed Potatoes
- Box Noodles/Meals:
  - \*Ramen
  - \*Mac & Cheese
  - \*Hamburger Helper
  - \*Box (dry) Noodles
- Pasta Sauce
- Chili (canned)
- Tuna/Chicken (canned)
- Applesauce
- Oatmeal
- Soup
- Canned Pasta Meals
- Manwich
- Rice

Drop your donation in the main office by Feb. 29



# ACT prep course



**Meets for  
4 Nights**

**Starting  
Feb 26th**

*Train your brain to be a better test-taker*

# Sign Up Today!

**Forms Found in Student Services**

**Taught by:  
Mr. Gosse  
Mrs. Heck**

**Mr. M Krause**





Red Raider

Cafe



# Breakfast Menu for the Week of Feb 12

12 Mon

13 Tue

14 Wed

15 Thu

16 Fri

Whole Grain Donut

Breakfast Bacon Pizza

Breakfast Sandwich

Maple Turkey Pancake Wrap

Cinnamon Roll

Mozzarella String Cheese

Breakfast Sausage Pizza

Bananas

Orange Halves

Apple Slices

Apple Slices

Fresh Orange

Orange Juice

Orange Juice

Orange Juice

Orange Juice

Orange Juice

Milk Variety

Milk Variety

Milk Variety

Milk Variety

Milk Variety

# Lunch Menu for the Week of Feb 12

12 Mon

**Raider Grill**

Glazed Chicken Wings

with

Pretzel Sticks

Specialty Burger

**Entree Choices:**

Mandarin Orange Chicken Bowl

Pepperoni Stuffed Crust Pizza

**Build a Deli Sandwich Options:** ▼

**Soup and Salad Bar** ▼

**Side Items:**

Broccoli

Green Peppers

Apple Slices Fresh

13 Tue

**Raider Grill**

Chicken Patty on a Bun

Pizza Dippers & Marinara

**Entree Choices:**

Taco Bake W/ Fritos

**Entree Choice B:**

Smokie BBQ Pork Hoagie

**Build a Deli Sandwich Options:** ▼

**Soup and Salad Bar** ▼

**Side Items:**

Refried Beans

Shredded Iceberg Lettuce

Carrot Sticks

Cucumber, Fresh

Pears, Sliced

14 Wed

**Entree Choices:**

Turkey & Gravy

Mashed Potatoes

Dinner Roll

Fish Sandwich

**Side Items:**

Tossed Salad

Cherry Tomato

Apple Sauce

Blue Raspberry Slushie

15 Thu

**Raider Grill**

Mini Corn Dogs

Hamburger

Cheeseburger

**Entree Choices:**

Chicken Parmesan Sandwich

**Entree Choice B:**

Sausage Pizza

**Build a Deli Sandwich Options:** ▼

**Soup and Salad Bar** ▼

**Side Items:**

Steamed Green Beans

Broccoli

Mushrooms, Fresh Sliced

Bananas

16 Fri

**Raider Grill**

Pizza Choice

**Entree Choices:**

Homemade Grilled Cheese San...

**Entree Choice B:**

Tuna Salad Melt

**Build a Deli Sandwich Options:** ▼

**Soup and Salad Bar** ▼

**Side Items:**

French Fries

Cucumber, Fresh

Cherry Tomato

Kiwi

$5 - 4 = 1$   $7 + 2 = 9$   $10 - 7 = 3$   $8 - 6 = 2$

# PULASKI MATH TEAM

LAST MEET OF THE YEAR!!

MONDAY, FEBRUARY 19,  
6PM IN PULASKI MATH RESOURCE

SIGN UP WITH MS. KURTH (ROOM 2410)  
BY FRIDAY, FEBRUARY 16

$1 + 2 = 3$   $9 - 4 = 5$   $10 - 6 = 4$

$3 + 5 = 8$   $7 - 3 = 4$   $6 + 4 = 10$   $8 - 2 = 6$   $9 + 1 = 10$   $7 - 4 = 3$   $5 + 4 = 9$



The background of the slide is a collage of graduation-related items. It features several blue graduation caps (mortarboards) with black tassels, some rolled-up white diplomas tied with red ribbons, and various calligraphic letters and symbols in green, purple, and red. The items are scattered across the frame, creating a celebratory and academic atmosphere.

Seniors - stay informed

Visit the PHS website at

[www.pulaskischools.org/high](http://www.pulaskischools.org/high)

and click on 'Seniors - Important  
Information and Links'



**Any boys interested in boys' golf,  
please reach out to Coach Gutzman  
([algutzman@pulaskischools.org](mailto:algutzman@pulaskischools.org)) to  
receive important information about  
the upcoming golf season.**



# OPEN GYM



Open gym times for girls' soccer will be held every Wednesday morning from 5:45-7:15 am through March 13.

Enter through PCMS Pool doors. Bring running shoes, water bottle and your own soccer ball.



# SISTER ACT

PHS

Presents:

## THE MUSICAL

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PULASKI HIGH SCHOOL ANNOUNCEMENTS



# SISTER ACT

Saturday, February 17

Showtime - 7 p.m.

Sunday, February 18

Showtime - 2 p.m.

Tickets \$9 each; purchase online at  
[pulaskihs.ludus.com](http://pulaskihs.ludus.com)

PHOTO BY JOAN MARCUS

