2017-2018 VARSITY PULASKI DANCE TEAM TRYOUT INFORMATION

# PLEASE READ THE FOLLOWING INFORMATION CAREFULLY

Tryouts are open to any student (grades 8-11) that will be attending Pulaski High School for the 2017-2018 school year.

**TRYOUT CLINIC (LEARNING PRACTICES):**

|  |  |  |
| --- | --- | --- |
| Monday, May 22 | 3:30-5:30 pm | Pulaski HS(Fielhouse Court 1) |
| Tuesday, May 23 | 3:30-5:30 pm | Pulaski HS(Fieldhouse Court1) |
| Wednesday, May 24 | 3:30-5:30 pm | Pulaski HS(Fieldhouse Court 1) |
| **FINAL DAY** Thursday, May 25 | 7pm- completion | Pulaski HS(Fielhouse Court 1) |
|  |  |  |

**WHAT TO BRING TO TRYOUT CLINIC:** Please come dressed in non-restrictive/non-revealing clothing that allows you to learn and dance comfortably. No excessively baggy clothes or extremely short shorts. Athletic or Dance shoes are acceptable. You will have shoes on while dancing, **NO** dancing in socks or barefoot. All hair should be pulled out of the face and all jewelry must be removed. Bring a water bottle. All tryout forms are found in this packet.

**WHAT TO EXPECT THIS WEEK**: You will learn 2 dance routines that incorporates pom and kick during the clinic. You will perform both dances along with a few skills for a panel of judges at auditions. Candidates will tryout in groups of 2-3. The skills you are required to demonstrate are: right and left splits, toe touch, right split leap, double turn and capezio, calypso. All of these skills will be taught during the clinic. Potential and progress of skills is looked at as well as perfection. You will not be cut simply because you can’t do one skill. Everything at tryouts is worth points and it’s the TOTAL points that matter. However, when scores are close, skills are looked at heavily. Please start stretching and working on those skills now!

**TRYOUTS:**  **Friday, May 26th 3:30-completion *Pulaski High School Field house court 1***

End time will depend on the number of dancers trying out. You will be given a tryout order Friday at tryouts. All dancers should arrive at the high school by 3:15pm. If you have a conflict or a special time restriction, please notify one of the coaches as soon as possible. You will be expected to stretch on your own before your tryout. The 2017-2018 Pulaski Dance Team will be posted an hour-two after tryouts completion outside the high school on the doors.

**WHAT TO BRING TO TRYOUT DAY:** Please come dressed in black shorts and a black fitted top- follow the same restrictions as practice wear. Clothes should have minimal writing and/or decoration. Piping on the shorts and top is allowed as long as it’s not distracting. Dance pants are NOT allowed. This request is done for videotaping and fairness in judging. If you are unsure, please bring your tryout apparel to practice during the week. The judges WILL be informed about this request. You may also bring head phones with our tryout music for visualizing but you will NOT be allowed to physically practice by yourself or with other dancers while you wait. This is done in fairness for the girls that tryout early. You are of course allowed to stretch and do skills. Your neatness will be judged, so pay attention to things, such as your hair and make-up.

**ATTENDANCE:** Attendance at all clinic practices and auditions is recommended. Please notify a coach ASAP if you have a conflict with either the clinic or auditions. If you are in a spring sport, your first commitment is to that sport. Let us know if you will be absent or arriving late due to a spring sport commitment. We are sorry that we will not be able to re-teach material, however you are not judged on the dances until audition day. You may get together with other candidates (including returning members) outside of practice time and learn missed material.

**WHAT ARE THE JUDGES LOOKING FOR?**

The following criteria will be considered during judging:

1. Appearance- neatly and appropriately dressed, including makeup and hair.

2. Smile and Audience Appeal- Do you appear to be having fun?

3. Dance Ability and Rhythm- able to complete steps, in control, on beat.

4. Knowledge of Routine- Are you able to perform it confidently with good knowledge?

5. Precision and Form-sharp movements, full extensions.

6. Jumps- good height, **pointed toes,** **straight legs**.

7. Turns- solid “landing”, pulled up through torso area, head spots.

All dancers must re-tryout each year. There have been instances where dancers from the previous year have not made the team, therefore it is impossible to say how many “spots are open.” There is no set number of dancers selected to the team; selection is based off of scores. We do not have a set number of "spots" available. Have all forms completed neatly and turned in on time. Treat this tryout as you would a job interview. **Individual tryouts for each dance will continue throughout the year. No dancers are guaranteed a spot in every routine. Each dancer must continue to develop and demonstrate their commitment to the team and dance.**

**TEACHER EVALUATIONS:** EVALUATION SCORES WILL BE AVERAGED AND ADDED INTO YOUR SCORE FOR TRYOUTS!! All *FOUR* teacher evaluations must be received by **Thursday, May 25th**. Missing evaluations will be counted as a zero. Please give your evaluations to your teachers along with a blank envelope as soon as possible to allow for ample time for them to be completed. Evaluations should be returned to you in a sealed envelope or dropped off in the Dance Team mailbox at the high school or give to the office at the Middle School who will mail it to the coach. **It is YOUR responsibility that this happens. Please keep in contact with your teachers. Think of these as references!**

**8th grade candidates:** Evaluations should be given to your science, math, comm. arts, and social studies teachers only.

**High school candidates:** Evaluations should be given to your science, math, social studies, and English teachers. If you are not currently taking one of these subjects, please give your extra evaluation to a teacher that has had you for a yearlong class, if possible. DO NOT give your evaluation to an independent study or study hall teacher.

**DANCE TEAM QUESTIONNAIRE/ INFORMATION SHEET/ TRYOUT AGREEMENT:** Please fill out these forms and bring them with you to tryouts. The questionnaire will be evaluated by the coaches and used as part of your tryout score. You only need to fill out the ONE Questionnaire directed for you! You will not be allowed to tryout without your parents’ signature on your tryout agreement. All forms must be received by **Wednesday, May 25th**.

**ABOUT THE TEAM: The Pulaski Dance Team is a highly visible, highly competitive team. At the core to the success of this squad is hard work, dedication, a sense of teamwork, self-improvement, and of course a passion for dance. These are the qualities stressed throughout our season. If you are selected as a member, please be aware that this is a Varsity sport. We will begin summer practice and also hold a mandatory summer camp. After school practice runs Mon-Fri from 3:15-5(5:30)pm then 6 during competition season depending on the day. Please schedule drivers ed and other outside activities around our practices.**

**Tentative Calendars- Will be distributed in Mid June. Dance Team runs**

**from June until Febuary of 2018.**

**COMPETITION DATES:**

**Will be distributed in Mid June when next year’s dates are available.**

**FINANCIAL OBLIGATION:** The largest expense for the girls will be warm ups, duffles and personalized items. Also, because of the nature of our costumes, many pieces such as tights, warm-ups, shoes, etc. need to be purchased by each girl. A first year Dance Team member can expect to spend about $1,200. The Dance Team has planned fundraisers throughout the year to help significantly offset these costs. NO GIRL WILL BE TURNED DOWN FOR FINANCIAL REASONS. A payment plan can be worked out for each member.

Contact coach if you have any concerns or questions. If you enjoy working with a team that shares that passion, the Pulaski Dance Team will offer you an experience you will never forget. If you decide to tryout for the Dance Team, GOOD LUCK! We look forward to working with you.

## Coach: Hanna Hedsand

email: [Hannajoy14@hotmail.com](mailto:Hannajoy14@hotmail.com)

phone: 920-857-6188

## TEACHER EVALUATION

Dance Team Candidate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Teacher \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Subject \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**\***\*The above student will be trying out for the PHS Dance Team. Please take a moment to honestly fill out the evaluation below. Your evaluation will be used as part of the tryout process for this candidate and your comments will be strongly considered.  **Please return your evaluation to the candidate in a sealed envelope or drop off the evaluation in my mailbox no later than May 25th**

*Thank you for your time! –Dance Team Coach*

Please rate the student on a scale from 1-5 (1 = poor, 5 = excellent) Comments:

1. Attitude 1 2 3 4 5

2. Attendance/ Punctuality 1 2 3 4 5

3. Takes Direction 1 2 3 4 5

4. Effort/ Quality of Work 1 2 3 4 5

5. Reliable/ Trustworthy 1 2 3 4 5

6. Respects Others 1 2 3 4 5

TOTAL POINTS \_\_\_\_\_\_\_\_\_\_

Teacher’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Teacher’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PHS DANCE TEAM PERSONAL QUESTIONNAIRE- FOR ALL NEW MEMBERS**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please respond to the following questions as carefully and thoroughly as possible. Write legibly and neatly. (Attach an extra sheet if necessary.)

1. What do you have to offer the Pulaski Dance Team should you be selected as a member? Please be specific.
2. Describe what you think your responsibilities as a new member will be, from a dance perspective.
3. Describe what you think your role as a new member will be, from a team perspective.
4. Why do you desire to become a member of the Pulaski Dance Team? What do you hope to gain from the experience?
5. Describe your personality...what are your strengths and weaknesses? How will this impact the Team?
6. List any specific dance skills that you feel might set you apart from other applicants. You will be asked to demonstrate these skills at try-outs (I.e. Double/triple pirouettes, fouette turns, axle turn, left or middle splits, etc.)

**PHS DANCE TEAM PERSONAL QUESTIONNAIRE- FOR RETURNING SOPHOMORES & JUNIORS**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please respond to the following questions as carefully and thoroughly as possible. Write legibly and neatly. (Attach an extra sheet if necessary.)

1. What did I do to positively contribute to the 2016-2017 Pulaski Dance Team? (not related to your dancing).

1. What did I do to negatively contribute to the 2016-2017 Pulaski Dance Team? (not related to your dancing)

1. What do you, as an underclassman, see as your responsibility in interacting with and responding to the seniors, who will be the leaders of the 2017-2018 team?

1. Where do you feel you are at with your dancing? What are your dance goals for the coming year?

1. Describe your personality...what are your strengths and weaknesses? How will this impact the Team?

1. As a returning member, what do you see as your role on the 2017-2018 team. Individually, where do you fit into the whole?

PHS DANCE TEAM PERSONAL QUESTIONNAIRE- **FOR RETURNING SENIORS**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please respond to the following questions as carefully and thoroughly as possible. Write legibly and neatly. (Attach an extra sheet if necessary.)

1. Define “Leadership” in relation to your job as senior leaders. Why should you be followed and how do you plan on making sure that you are? Be specific.
2. Each senior class leaves a legacy. What do you want your legacy to be as the senior class of 2018?
3. What do you see as the most important traditions or values that need to be passed on to the team in order for the Pulaski Dance Team to continue to be successful?
4. How do you think you should interact with and respond to the returning members, specifically the juniors, who are also expected to be leaders?
5. How do you think the returning members, (specifically the juniors) should interact with and respond to you as seniors?
6. If you could choose a specific job or two to help the Coaches with as Senior leaders, what would those jobs be?

CONTACT INFORMATION - PULASKI DANCE TEAM

2017-2018

Please complete- print carefully!

NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_GRADE ENTERING:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HOME PHONE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_CELL PHONE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-MAIL:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_BIRTHDAY:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

FAMILY CONTACT:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ RELATIONSHIP:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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E-MAIL:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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PRIOR DANCE/GYMNASTICS EXPERIENCE? WHAT? WHERE? HOW MANY YEARS?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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AWARDS/PERSONAL ACHIEVEMENTS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DO YOU PLAN ON CONTINUING DURING DANCE SEASON? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

IF YES, HOW DO YOU PLAN MANAGE YOUR TIME BETWEEN BOTH?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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*I understand that my child is trying out for the Pulaski Dance Team. I also, understand there is an informational meeting* **TBD .** *I will attend this meeting if my child makes the team.*

*Parent Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

PULASKI DANCE TEAM TRY-OUT AGREEMENT

As a member of the 2017-2018 Pulaski Dance Team, I agree to follow the following team guidelines/rules:

1. **Practice** will start immediately at the set time. Team members should plan to arrive 5-10 minutes prior to the practice start time to prepare for practice, changing into jazz shoes, all black practice clothing, etc... They should not be walking in the door right at the set time.
2. **MANDATORY summer camp (one so far) JULY 24-28 ALL DAY**
3. Team members that have **prior conflicts** with practice or game attendance must notify a coach at least 24 hours ahead of time. We expect parents to be the contacts for these conflicts and a written note/email is preferred over a verbal notification. If there is an injury/sickness related absence, we will need a doctor’s note from you at the next practice.
4. Team members will **not be allowed to use cell phones or eat** during practice or practice breaks. Please come prepared with a water bottle, appropriate practice clothing and a full stomach prior to practice start.
5. Team members **will not** participate in any social gatherings that involve smoking, drinking or consuming other illegal substances. Any team member caught in a situation like this will be suspended a for portion of the season. DO NOT TRYOUT FOR THE TEAM IF YOU CANNOT FOLLOW THIS EXPECTATION! JUST DON’T DO IT, IT’S NOT WORTH HAVING TO TELL YOUR TEAM YOU LET THEM DOWN.
6. Team members should come to practice with a **positive attitude and ready to work**. Team members will stay as focused as possible and be respectful by limiting side conversations.
7. Team members should come to game and competition performances **ready with all belongings.** Team members will be given a list of all necessary game and competition belongings and there will be no second chances to retrieve forgotten materials.
8. There will be random grade checks throughout the year to make sure dancers are staying on task with classes. Please **find a balance between academics and extracurricular activities.**
9. Team members are trying out for the love to dance, not because of any expectations of friendships or popularity. I have thought through this decision and I’m making it with full understanding and awareness. I also understand that quitting the team causes EACH member to relearn EACH routine and puts the team months of hard work and dedication behind because of that team member’s absence. If I choose to be on the team and decide that dance is not for me, I will continue throughout the end of the dance season and not tryout the following year. Successful teams grow from improving team members.
10. I will do my best to schedule other commitments outside of our mandatory dance team dates. Some are, but not limited to: summer camp, summer technique, Pulaski Polka Days Parade, school year practices, football halftime performances, basketball halftime performances and competitions.

I HAVE READ THE INFORMATION REGARDING TRYOUTS FOR THE PULASKI HIGH SCHOOL DANCE TEAM AND AM WILLING TO PUT FORTH THE TIME AND EFFORT THAT WILL BE REQUIRED IF I AM SELECTED FOR THE TEAM.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student's Signature

1. As a parent, if my daughter/son is selected, I will commit to helping them be the most successful dancer they can be. I will support the coach in helping them to follow ALL Pulaski Dance Team rules and expectations. I understand the importance of school attendance and will encourage regular attendance throughout the year. I realize that they will be expected to attend ALL practices and performances, and will schedule day-to-day activities/appointments to meet this requirement.
2. As a parent I will agree to assist with fundraising efforts whenever possible. I understand that parental involvement is a huge factor in the success of the Pulaski Dance Program.

I HAVE READ THE TRYOUT INFORMATION AND AM AWARE OF WHAT IS INVOLVED, BOTH IN TIME AND COST, TO BE A MEMBER OF THE PULASKI DANCE TEAM. MY DAUGHTER HAS MY PERMISSION TO TRY OUT FOR THE TEAM.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent's Signature