Pulaski Community Pool

CLIP AND SAVE

Dates this coupon is good: Monday, March 16 thru Thursday, March 19, 2015

Good for one free day in an adult class at the Pulaski Pool:
*Water Fitness 9:30 a.m. Monday – Thursday
*Aches & Pains 10:30 a.m. Tuesday or Thursday
*Noon Hour Aqua Jog/Deep Water Fitness 11:45 a.m. Monday or Thursday
*Water Workout 6:30 p.m. Tuesday or Thursday
Coupon Expires: March 19, 2015
Must be presented at time of visit,
No photocopies accepted

Pulaski Community School District
P.O. Box 36 132 Front Steet.
Pulaski, WI 54162
Phone: 920-822-6050 Fax: 920-822-6052
E-mail: dkschneider@pulaskischools.org

PACE-SETTERS

PULASKI COMMUNITY SCHOOL DISTRICT

PACE-Setters

INTERESTED - INVOLVED - INVIGORATED
A NEWSLETTER ESPECIALLY FOR OUR SENIOR CITIZENS

VOLUME VI, ISSUE I JANUARY 2015

POINTS OF INTEREST...

- Proposed trips for 2015
- Community Events

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UPCOMING LOCAL EVENTS

PASSION PLAY

Sunday, March 29
@ Xavier High School, Appleton
$45 per person

A joyful and powerful musical drama retells the timeless story of our Lord's Passion in an exciting stage production.

This trip includes a brunch buffet at the Machine Shed in Appleton, a ticket to the show at Xavier High School and round trip transportation from Pulaski or Green Bay. Leaving Pulaski at approximately 9:45 a.m.

Reserve your spot today by calling the Senior Center at 822-8100. Space is limited.

****

PHS BAND and CHOIR

Presents
CHILIRIFIC MUSICPALOOZA
Sunday, January 25
Starting at 11:30am
at the High School

****

PHS MUSICAL

KISS ME KATE!

February, Saturdays and Sundays, 14, 15, 21, and 22
One day time show on Wednesday, February 18 will be FREE for senior citizens; watch for exact time

Students in Lead Roles:
Riley Bonnin, Clara Peterson, Matthew Courchaine, and Devon Caelwaerts
Tickets on sale now through the Pulaski News at 822-6800.

****

PULASKI AREA COMMUNITY BAND

Presents a FREE SPRING CONCERT

Sunday afternoon, April 12 at St. John Lutheran Church in Pulaski

****

"What The Heck"

By Mark Heck, PACE Director

Hello Everyone,

Do you know where to pick up PACE Winter and Spring magazines? The Fall magazine is mailed out to every household in the Pulaski School District, but the Winter and Spring magazines are available for pick up only. They may be found at every school, the Pulaski Public Library, Super Ron's, the Pulaski Post Office PO Box area, McDonalds, Smurawa's Country Bakery, and local banks and gas stations. This Winter session includes several offerings you may enjoy: fitness classes on pages 5 and 24, Ballroom Dancing and Cake Decorating on page 7, Dog Obedience on page 8, CPR and First Aid classes through NWTC on page 19, Swimming and Pool Fitness on pages 20 and 21, and Pantry and Outreach information on pages 32 and 33.

Did you know that we have a partnership with Oneida Community Education? You can take a class on almost computer topic for very little money and they offer all kinds of one on one assistance right next to the airport in Hobart. See page 8 for more information.

Join PACE for a class or two and see all we have to offer.

PCMS needs your help!
The seventh grade Social Studies classes are working on a local, written history project.

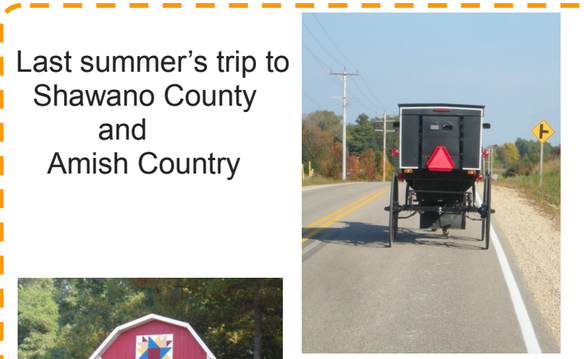
WOULD YOU LIKE A BIOGRAPHY CREATED ABOUT YOU?

PCMS is looking for 100 people age 65+ years to write biographies about. The seventh grade students are currently creating a questionnaire that they would like to complete with you. The students will set up interviews with you either at PCMS or over the phone. Then, they will write the biography of your life and present it back to you. Transportation from your home to the middle school can be arranged.

If you are interested in helping the seventh grade students complete this project please contact Teresa Wargo by calling her at 822-6514 (leave your full name and phone number) or via email at tlwargo@pulaskischools.org

THANK YOU, IN ADVANCE, FOR YOUR PARTICIPATION.

Last summer's trip to Shawano County and Amish Country



Amish buggy travel.

Lunch in an Amish home

Checking out barn quilts along the way.

Horse Drawn Ride through the apple orchards and vineyards of Door County

The PACE Setter Newsletter is produced and published by the Pulaski Community School District
(Deb Schneider, Editor) It is intended to be shared with others, Please do so!

Extended Library Hours at the High School Library Media Center

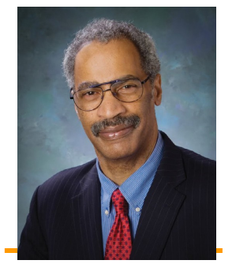
Our library is staffed by Joe Diefenthaler and Clay Reisler, Teachers of Technology and Kathy Belaire and Laura Fenendael, Library Aides (822-6720)

The Pulaski Community School District is proud to offer extended community library hours! Every Monday thru Thursday the PHS Library will be open until 4:30 pm. During this time, students and community members can study, access the Internet and district resources, and checkout library materials. Come see what our library has to offer!

You will have access to all printed materials and whatever technology is housed in the LMC, with the ability to check out the books.
Limited technical support will be available from the LMC staff.
Please enter through the doors facing west and numbered # 2.

Valued Community Members,

A few weeks ago I was thinking about all of the changes that have happened during the course of my lifetime. If I look at just the area of music, I have gone from a record player with a spindle for 45's, a stereo, an 8 track, a cassette to a CD. Then came the iPod, which was as small as a coin purse and could hold several thousand songs in its memory. If my parents were still alive they would have found this an unbelievable amount of change. In the district we are looking at making a computer device, an iPad, available to all of our students in grades 4-12 for them to use at home. All of the knowledge on earth is literally at their fingertips. There are people who believe that we should use simpler tools. One person suggested a chalkboard and pencils. Though I miss the old days of 45's, I would never go back to that technology. In the same way, I wouldn't want Pulaski students to be stuck with paper and pencil when all of the other students in surrounding districts are using iPads or other computer devices. We are looking at how to balance giving our students old fashioned character and 21st century skills so that they can succeed in life.



Milt Thompson, Superintendent of Schools

TRIP & TOUR DISCLAIMER…

When signing up for our trips and events, please note that adding your name to our lists only holds a space for you until we have payments from the total required to run the trip. We follow a first paid, first served policy. Also, once you have paid, there are no refunds unless you can find a replacement. We often have a waiting list that I can share if that happens. Many of our stops require pre-payment and/or reservations. The cost of the transportation is not based on a "per person" basis, so cancelling or just not showing up does not change the total owed. Finally, we do leave on time; no waiting for late arrivals, and I only have time to place one call.

Mark Your Calendars & Join Us for These Events

January and February..Make use of the **PHS Library/Media Center:** Monday-Thursday from 3-4:30pm **FREE**

Monday - Thursday, March 16 - 19 **Free Pool Exercise with a Friend**, must have coupon from PACE-Setter flyer to attend. FREE

Monday, March 16 at the Pulaski Library **The ABCD's of Medicare: Understanding Your Medicare Options.** 6-8:00pm Call the Brown County ADRC to reserve a spot 920-448-4300. No charge.

Sunday, March 29 Travel back in time with us to the Holy Land to see the **"PASSION PLAY"** in Appleton at Xavier High School. Register with the Senior Center by calling 822-8100. Cost is $45 which includes lunch. Pick ups in Pulaski and Green Bay.

Saturday, May 2...**PACE Electronic Recycling** Date...8:00am-1:00 Glenbrook parking lot. Most items are free, monitors cost $5 and TVs cost $10.

Monday through Friday, June 8-12...**Mackinac Island and Sault Sainte Marie.** See page 5 for full details and send your $75 deposit written out to "Diamond Tours" by February 6 to hold your spot. Trip insurance is also available for only $35 per person. The insurance payment must be with a separate check written out to Travel Insured International. Send payments to PACE at PO Box 36, Pulaski, WI 54162. This trip is for adults only (age 21 and up), assistance will be available to those needing it. Travel with your friends or take your parents along. The deluxe coach bus leaves from Pulaski at 8:00am on Monday, June 8...you won't want to miss this trip at this incredible price. Registration required through PACE. Cost is $449 includes four nights stays, eight meals and all admission fees. Must have 30 paid registrants by February 6 to run this trip, but we will have room for up to 50.

Thursday, June 25...ADRC Sponsored **BREWER GAME.** Cost of $60 includes field level seats, tailgate dinner and beverages in the parking lot and coach bus travel. Tickets go on sale March 1, 2015 at the Brown County ADRC. Call 920-448-4300 to reserve your seat starting March 1.

Wednesday, September 16...**Fourth Annual Amish Tour** with sweet rolls and coffee and lunch in Amish Homes, stopping at Amish farms, stores, businesses, and their school for a visit. We will also point out the Shawano County Barn Quilts along the way. Sign up early, as this trip has sold out every year. Leaving St. John—Pulaski parking lot at 8:30am, returning about 5pm. Pick up also available in Bonduel, in the Kick Trip parking lot. Registration required through PACE; must have 35 paid registrants by August 17 to run this trip. Cost is $50

Wednesday and Thursday, October 7 and 8...**Overnight Fall Color Trip Along the Mississippi River.** Trip will include transportation, some of the meals along the route, hotel for overnight near LaCrosse (price based on double occupancy) and entertainment admissions and entrance fees. The route is the only National Scenic Byway in Wisconsin and passes through several State Parks and has overlooks to see the lock and dam systems. We'll leave Pulaski at 7:00am and return about 8:00pm the next day. The route will be flexible so we can stop along the way. The Wisconsin Great River Road passes through a region filled with farms, orchards and pastures. We'll find farmer's markets, organic farms, wineries, and/or museums, charming river towns, antique shops, great cafes, and stunning bluff-top views along the way. Cost will be $215.00 per person/double occ.. Make your reservations early to save your space. Call PACE to get your name on the list. 822-6050.

ADVANCE Reservations will be needed for these events.

The ABCD's of Medicare

Understanding Your Medicare Options

This is a great meeting for those who will be eligible soon for Medicare or those who are caregivers for potential Medicare recipients. It covers the basics of the various Medicare coverage types and is a good "primer". This is free and open to the entire Pulaski community.

Monday, March 16, 2015 6:00 pm – 8:00 pm
At Pulaski's Branch of the Br. Co. Library
222 W. Pulaski Street
Pulaski

Call the Brown County ADRC Office at 920-448-4300 to reserve your spot.
If possible, please bring to the session, the Medicare & You handbook you received from Medicare.

Lunch in Fish Creek, during our "Wine and Dine through Door County" trip last fall.

We're on the Web!
www.pulaskipace.org

The ABCD's of Medicare

Understanding Your Medicare Options

For Persons new to Medicare and those who want to learn more about Medicare basics and all the Medicare options.

Thursday, April 16, 2015 1:00 pm – 3:00 pm
At Pulaski Senior Center
430 S. St. Augustine St.
Pulaski

Call 822-8100 to reserve your spot.
If possible, please bring to the session, the Medicare & You handbook you received from Medicare.

Please call PACE at 822-6050 or email us at dkschneider@pulaskischools.org if you know of any one else who we should add to this list of prestigious and positive people from Pulaski. We would love to add a few new PACE-Setters to our Advisory Council. Also, keep our database up to date by letting us know if your address or phone number changes or if you'd like to add an email address to our listing. Thanks!

RSVP with your $75 deposit by February 1, 2015 . Send your check written out to Diamond Tours to the PACE Office at PO Box 36, Pulaski, WI 54162 If you want the trip insurance send a second check for $35 written to Travel Insured Int.